



CLAN Midland Annual Report 2024



Our Vision

Children and families thriving in safe, nurturing and connected communities

Our Purpose

To develop and deliver services that empower children and families to thrive To facilitate community development and capacity building initiatives

Guiding Principles

Using and building community and family strengths Taking a partnership approach throughout the organisation The well being of the child is central



CLAN acknowledges the traditional custodians of the land that we work and live on, the Wadjak people of the Noongar Nation. We pay our respects to their strength, cultural resilience and Elders past, present and emerging.

Aboriginal and Torres Strait Islander people should be aware that this report may contain images and names of deceased persons.

Chairperson and Executive Manager's Message



As we reflect on the past 12 months at CLAN Midland, we are incredibly proud of the strides we have made in honouring our commitment to supporting parents, carers, and children through our peerled services and programs. This year has been a testament to the resilience and strength of the families we serve, and we are pleased to share the highlights of our progress and achievements. At the heart of our work continues to be the empowerment of parents and carers.

Through our Being a Parent and FAST (Families and Schools Together) programs, we have provided meaningful opportunities for parents to develop valuable skills, connect with others, and strengthen their families. These programs offer a safe and supportive space where participants can explore the journey of parenting, share experiences, and grow together.

We have seen firsthand the power of self-led exploration, as parents and carers engage in discussions that encourage reflection, learning, and personal growth. In every session, there is a shared sense of community-a space where parents feel seen, heard, and valued, and children and families are given the tools to flourish.

Our collaborations with key partners have been an essential part of our efforts this year, enabling us to extend our reach and deepen our impact. Through initiatives such as Read Play Grow and Paint the Swan REaD, we have continued to share the important messages about the early years of child development. These programs highlight the critical role that early learning, reading, and connection play in a child's future success and well-being. We are proud to be a part of these important conversations and to support parents and communities in nurturing the potential of every child.

A key highlight of the past year has been the unwavering dedication of our Board of Directors, who have provided invaluable leadership and strategic oversight. Their commitment to the long-term growth and stability of CLAN Midland has been essential in ensuring that we continue to evolve and adapt to the needs of the families we serve. Together, we have made significant progress in advancing our strategic plan, laying a strong foundation for the future and ensuring that our mission to support families remains steadfast and sustainable. With special thanks to outgoing Chair Sara Browne for her leadership and dedication, and Board Member Brent Raynor. We welcome with open arms Megan Dawson as Chair and Lesley Bremner-Bell and Joel Levin as Board Members.

Thank you to everyone who has contributed to this year's successes-your passion, energy, and commitment are what make our work possible. Together, we continue to honour our vision of a thriving, connected community where families grow, learn, and flourish.

Megan Dawson - Chairperson

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Fiona Lee - Executive Manager

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We sincerely thank our volunteers and students for their incredible contributions to our organisation and the community. Without them, we simply would not be able to do the work we do.

What does volunteering at CLAN mean to you?

"Volunteering at CLAN for the last 5 years has enriched my life with purpose and self-worth, long missing in the past. Working with people who are so encouraging and supportive, along with being able to do work I enjoy while contributing meaningfully behind the scenes to CLAN's invaluable family support role in the community, is so pleasurable that I often think I must be dreaming!" We are fortunate to be supported by a dedicated Board of Management who each year give of their time, skills and resources to further the work of CLAN and provide strategic direction. We are indebted to them for their guidance, commitment, perseverance and passion for supporting the work of CLAN Midland.

Chairperson - Megan Dawson Vice Chair - Aman Singh Secretary - Seanna Dempsey Treasurer - Melanie Hopkinson Board Member - Lesley Bremner-Bell Board Member - Joel Levin

Repor

1,850 Student Hours 2,812 Volunteer Hours

Our Impact

100% Satisfaction rate across all our programs

Community Links

1,028 Participants

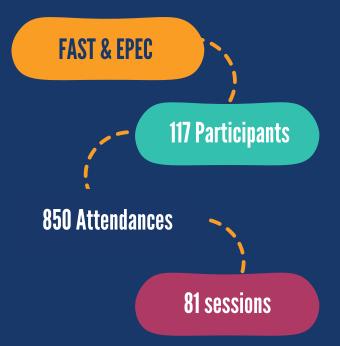
1,660 Attendances

478 Sessions

"BabyFAST taught me many different things about my baby and why they do certain things, it showed me I was doing the right things and other ways to handle each situation when it came to my child, and it was always in a positive way."

Baby FAST Participant







BabyFAST and Early Years FAST

This year we held the 24th BabyFAST program in Midland since 2004. 20 years of providing a safe space for young parents to connect with each other and their babies in a nurturing and empowering environment.

A key feature of the FAST suite of programs is the inclusion of parents as active team members. When parents see other parents in leadership roles within the program, it fosters a sense of connection and empowerment, helping them feel more confident and engaged in the process. "I had the privilege to be a parent partner for the first time during BabyFAST which has showed me how important the programs behind the scenes and not just for the parents attending program and how I can be so much more than I gave myself credit for, with everyone's support and encouragement.

I learnt so many different team building exercises, made lifelong friendships and had many interactions with other young parents which I would never have gotten to before, I am grateful to have been able to share my experience with BabyFAST and now getting to coordinate FASTWORKS on top of that using the skills I've gained."

BabyFAST Parent Partner



Families and Schools Together - FAST

This year a Community FAST program was held at the Arbor Grove Child and Parent Centre. With special thanks to partners Anglicare and Centrecare for their ongoing support of the program.

"My highlight for this year has been being part of, and witnessing, the journey of FAST parent partners undertake training as Being a Parent (BAP) parent facilitators.

In particular, Steph's journey stands out. Steph initially attended BabyFAST as a parent and later joined the 2024 BabyFAST team as a Parent Partner. She then went on to train as a BaP Parent Facilitator in Term 2 and co-facilitated Being a Parent in Bullsbrook during Term 3.

Seeing such growth and personal development in one of our BabyFAST mums has been a privilege and a true highlight of my year."

CLAN Staff member

Parent Feedback

"The positive energy and genuine intentions with everyone to help each other and support families with bonding."

"The communal feeling, knowing we are safe and confidential."

"FAST gets me out of the house which is great for my mental and very much so out of my comfort zone and has helped me become brave."

"The confidence to trust my gut and own decisions based on life experiences, instincts and research etc and be willing to make mistakes and learn from them to improve."

"KidsFAST has given me knowledge and tips that have helped me and my family a lot."

"We have more patience, respect and understand each others emotions and current life differences/situations which may impact our usual emotions or actions."

"Our bond is a lot stronger we are a happier family."





Empowering Parents Empowering Communities (EPEC)

This year marked the second year of our EPEC journey. Four Being a Parent attendees were trained as Parent Facilitators and all four gained employment at CLAN. One participant was invited to share their journey at a National Webinar hosted by the Murdoch Children's Research Institute.

"I was glad to have an opportunity to be a part of the EPEC program. As a parent facilitator, through the webinar, I was able to share my experiences and my thoughts. I felt to give a little support to expand and grow more for this wonderful program."

"Participating in the parent facilitator training for Being a Parent has given me a new confidence all while being a new working mother, the opportunity to learn, grow and share in that environment both professionally and personally has done wonders for myself and family. can't wait to get back into facilitating and growing." "My highlight for the year was working in the Ballajura area. This was the first time CLAN had entered into this space and we were concerned we may have low attendance to the program. We visited several services in the area and attended the playgroup at Meerilinga Ballajura where many connections were made, with 6 out of the 9 parents who ended up attending the BAP course, coming from this playgroup.

The group was a great success with a high weekly attendance and wonderful growth and connections made. Two of the parents were happy to be filmed sharing their experiences of the programs and the positive impact it had made for their families. The videos will be shared on CLAN's web page, used for advertising the program and shared at the first session of BAP for new parents to view.

Our trained practitioners delivered two Being a Parent programs during the year, from which participants were invited to submit an expression of interest to be trained as Parent Facilitators of the Being a Parent program. This was an exciting new adventure for the participants." CLAN Staff member

Read Play Grow

Read Play Grow (RPG) is an early intervention program with the goal of providing a pre-school home environment that allows children to start school ready to learn. It provides a safe, positive experience in which parents can learn without judgement and feel supported to provide the key experiences for their child to become a successful learner at school and in life.

18 parents and 35 children attended "The highlight of the year for me was having the opportunity to facilitate Read Play Grow with amazing co facilitators from partner organisations. Also, Getting to know the families and hearing their stories. It's uplifting when families have implemented a new strategy and it's been beneficial for them."

CLAN Staff member



PARENT FEEDBACK

"This program gave me many resources I can use in parenting. I learnt many things I never knew I needed like safety, different programs, play techniques. I have many take -aways from other parents as well. I learnt about emotions and stages my little one goes through which equipped me with to accommodate to her needs. Very helpful program indeed."

"This program basically covers everything we need to know to raise a child."

"Learning about the brain connections helps to encourage play and routine."

Community Links

This year was our third year of the Empowering Communities contract funded by the Department of Communities. The Community Links Project supports people to use their talent, skills and knowledge to start their own projects, groups and initiatives to make our communities better places to live.

A highlight this year has been the completion of the book 'Tales through Time'. The idea for the book was driven by a local Bullsbrook senior and dedicated volunteer. 15 stories of Bullsbrook Seniors were recorded and transcribed into this amazing piece of history, with artwork done by a local Bullsbrook artist. The book goes on sale in December 24.

VOLUNTEER FEEDBACK

"As a volunteer, I led a team of Bullsbrook seniors in hosting a Seniors' Expo. It was supported by CLAN Midland and was a great success. I am also involved in creating a book in which some local seniors tell some stories from their lives.

It gives me a sense of worth and I enjoy working with like minded people. I also feel good about giving something to the community through CLAN."



VOLUNTEER FEEDBACK

"I love being a part of PTSR. I believe wholeheartedly that early intervention is vital for shaping the next generation, for giving them the best start to their school journey and then in turn helping to access tools for life.

Being able to connect to families in the community via PTSR as a starting point and then being able to follow their journey whether it be at events or while facilitating programs is where my heart is. By doing this gives us the chance to help connect families to a network of professionals and community resources, ensuring they have ongoing assistance as their child grows and develops is an honour to be a part of."



More than 700 books delivered into the community



Paint the Swan ReaD



The Swan Rotary have been working wonders in the garden at two of our units.

New vegetable garden beds have been installed and produce has already been harvested.

The produce is then shared with Dreambuilders to cook meals for people in the community.



Parent-Child Connection

Swan Rotary





Professional Development Days

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