



## HEALTHY HAPPY FAMILIES Back to Basics Cooking on a Budget

Healthy Happy Families  
Brockman House  
27 Hull Way, Beechboro

*Tuesday 31<sup>st</sup> July to Tuesday 18<sup>th</sup>  
September 2018  
9.30am - 12pm*

*For more information or to register call  
Rachael or Sharon on 9250 6335 or 0426 717 915*

**Places are limited so register now**



United Way  
West Australia

Is Good Health  
Important for  
Your Family?

- Are you lost for meal ideas day after day?
- Challenges with fussy eaters?
- Running out of ideas for lunchbox treats?
- Do you want more value for money?

**WE HAVE THE  
ANSWER FOR YOU!**



CLAN MIDLAND  
36a Mathoura St  
Midland WA 6056

[www.clanmidland.org](http://www.clanmidland.org)  
9250 6335